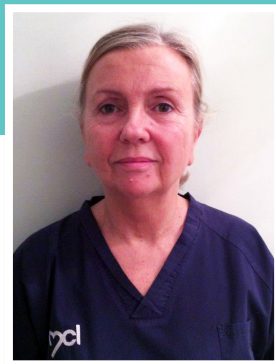


A DAY IN THE LIFE OF A

REGISTERED NURSE



Name: Jan Habeck

Job Title: Registered General Nurse

Why did you choose MCL Resourcing?

When my previous employer closed down, I found myself suddenly out of work. I am a qualified Nurse and have been working in the healthcare industry for 40 years now. I knew I wanted to find a similar nursing role local to where I live in Southport, Merseyside. I was also keen to find flexible work that could fit around my personal commitments.

I was familiar with MCL Resourcing and knew they had a great reputation within the healthcare industry so they were the first call I made. Following an initial chat about the types of roles they offer, I was invited to the MCL Resourcing office to register with them. The interview process was friendly and straight forward and, following their reference and qualification checks, I was offered work very quickly.

What is a typical working day like for you?

I have worked for MCL Resourcing for a year now and they always offer me shifts to suit my availability. During this time, I have worked at many different local healthcare providers. I really enjoy the variety of the role and feel that experience within different care environments is key to developing your skill set.

On a typical week, I work 3 or 4 day shifts from 08:00-20:00. On placement I am responsible for maximum of 25-30 residents and have a wide range of daily tasks from medication rounds to meeting clinical needs of care us-

ers such as catheterisation and dressings. An important aspect of my work is to document all medication and medical care administered on my shift. Ensuring documentation is complete is vital to ensure the team all have access to up-to-date records on each patient. I regularly liaise with staff and the leadership team to discuss all aspects of patient care and processes. In addition, I build and maintain relationships with care users' relatives, providing support and advice where needed.

What do you think are the main skills/qualities needed to do your job successfully?

Up-to-date training is vital to ensure best practice. Working as agency staff, confidence is also an essential quality as the ability to get to know the workplace's routines and procedures quickly is really important.

Have you undertaken any training since working for MCL Resourcing?

My mandatory training was all up-to-date when I began working for MCL Resourcing. Earlier this year I completed a medication update and look forward to further training in the future.

What are the main challenges of your job? How do you overcome these challenges?

One of the biggest challenges for me is the morning medication round on the first day in a new placement. Not being familiar with the care users and their medication, I ensure I take my time to avoid errors. If I am struggling with time management I will consult a senior member of the team for support.

What do you enjoy most about your job?

I enjoy making a positive difference to the care users. The flexibility of working when and where I want also provides increased job satisfaction. This flexibility makes a tremendous difference to my work/life balance which is really important when working in a demanding environment.

Please sum up your job using only three words.
Flexible, challenging and fulfilling.