



A DAY IN THE LIFE OF A

SENIOR HEALTH CARE ASSISTANT

Amanda joined MCL Resourcing in 2012 as a Healthcare Assistant and here she talks more about her current role as a Senior Healthcare Assistant and why she loves her job...

"I am currently a Senior Care Assistant working for MCL Resourcing. Before joining the MCL Resourcing team I had worked in various healthcare settings, from children to the elderly, for 16 years. I have worked for MCL Resourcing for over 5 years now and really enjoy the varied nature of the work.

There are no specific qualifications required to work in care. However, working on my NVQ Level 3 in Health and Social Care in the early part of my Healthcare career

"The qualification allowed me to gain knowledge and confidence"

was a great foundation to begin my career. The qualification allowed me to gain knowledge and confidence to do my job to the best of my ability.

I enjoy working for MCL Resourcing as I get to work in a variety of different working environments. I currently work in Southport and the surrounding areas, doing various shift patters, including days and nights shifts, to suit my availability.

I enjoy my work and take great pride in what I do. My role involves helping people with their personal and social care needs. The work I do helps promote independence in the people I care for in residential and nursing homes. As a Senior Healthcare Assistant, as well as providing day-to-day care for service users, I am also responsible for running shifts and medication rounds in residential homes. I really enjoy the varied nature of the role as there is never a dull moment.

Friends have asked me what qualities and strengths I think are important to do my job and my answer depends on lots of factors, such as the type of care work being undertaken etc. However, the qualities I feel are most important to this line of work are patience and understanding. These qualities can never be under valued and I believe are fundamental to my job.

Since joining MCL Resourcing I have gained my Level 2 in Food Hygiene and Safety for catering. This qualification has enabled me to work safely and effectively in kitchens within the care setting.

I really enjoy the variety of work that MCL Resourcing offers. My work is rewarding and satisfying as well as being flexible to suits my lifestyle."

